



# Sedgeford Village News

November 2009

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## **COME ALONG TO OUR SERIES OF EXCITING TALKS**

**in the Village Hall 7.15pm, for 7.30pm prompt start**

**Tickets£5 (to include tea/coffee and biscuits) available from**

**Pat Dawson 01485-570889 and Maggie Burlton 01485-570991 or on the door.**

### **1<sup>st</sup> Talk**

**Friday 20th November**

**'An evening of Norfolk Ghost Hunting ' by Mr Storey**

### **2<sup>nd</sup> Talk**

**Friday 22nd January 2010**

**' Art and Antiques ' by Mr John Vost**

### **3rd Talk**

**Friday 19th February 2010**

**' Buildings of the Norfolk Landscape ' by Mr Dominy**

### **4th Talk**

**Friday 19th March 2010**

**' Mr Kipling - The one who wrote fine stories' by Mr Geoffrey Hodson**

## **QUIZ NIGHT**

**Friday 27th November**  
**in the Village Hall**

**7.15 for 7.30 prompt start**

**£2 per person (pay on arrival)**

**Tables of 4**

**BYO booze, glasses and nibbles**

## **WOMEN'S FRIENDSHIP GROUP**

Mandy Martin's ' Colour me Beautiful' evening proved very popular with the ladies from Sedgeford as we had a packed audience in October.

Mandy who is a Colour Analyst and Image Consultant from Heacham talked us through the science of colour and the colour wheel based on hair, skin and eye colour. It is important to match the skin tone to a warm or cool colour. She divided skin, hair and eye colours into groups of either Light, Deep, Warm, Cool, Clear or Soft. She demonstrated her theory on everyone in the audience guiding us as to what colours we should be wearing to enhance our looks. Some colours which are suitable for some groups are complete ' no, no's' for other groups. It was a fun and fascinating evening and we all learnt a great deal about what colours really suited us and what lipsticks to wear to suit our skin tones. We welcomed a new member, Marilyn Turner, to our group.

Next meeting: Wed. 11th November 7.30pm Village Hall.' Twigs and Tinsel' with Gary Docking. Please come along, everyone is welcome and enjoy a sociable evening out.

*Maggie Burlton*

## NEWS FROM YOUR VILLAGE HALL



Yes it still belongs to you the Residents of Sedgeford, in spite of a very poor response to the questionnaire sent out seeking views as to whether The Hall should or should not be extended. In spite of this poor response, your Committee will make a decision at their December Meeting, so it is not too late to make your opinion known.

Do please come along to the Quiz, the interesting talks and other activities at the Hall, it can and will only survive with your help and support.

At 3-40pm on Monday 12<sup>th</sup> October two dogs were seen from the Hall Meeting Room, one proceeded to do its business in full view and as far as could be seen no attempt was made to clear up after it – the identity and thus ownership of the dogs has been clearly recorded and a decision will be taken by the Hall Committee as to whether an official request to the Dog Warden should be submitted, so that some action can be taken.

I have no need to remind Dog Owners that it is their RESPONSIBILITY to clear up after their Dogs and place the bag in the bin provided. The Football Club have complained more than once to the Committee – dog mess is a severe health hazard – it would be on all our consciences if a anyone became severely ill, as a result of some ones selfish attitude.

The Committee will have no hesitation in applying to have dogs banned from the Playing Field, if the problem persists.

*George Eve* Chairman

## VILLAGE HALL EVENTS

**Bowls** Monday 7.30-9pm

**Post Office** Tuesday 1.30-5.30pm Thurs 8.30-12noon  
Friday 8.30-11am

**Yoga** Tuesday 6.30-8pm Wednesday 10.30-12noon

**Table Tennis** Tuesday 10-12noon Thursday 7.30-9pm

**Keep Fit** Thurs 10-11.30am See next column

**FITNESS CLASSES** for full details.

**NEW!!! Strictly Ballroom Dancing** Friday 7.30-9pm Absolute beginners learn to Waltz, Tango, Quickstep, Slow Foxtrot, Viennese Waltz and Modern Sequence. £5 per person Call 01485 533414 or turn up on the night - All welcome.

As you can see from the listing above the village hall is venue for a wide variety of classes and events. Along with the winter talks, luncheon club, Ladies Group every 2<sup>nd</sup> Weds of the month, and Quiz night there is something for all. If you would like information on any of the above or are interested in booking the hall for your own personal event you are welcome to contact me on 579363.

*Lynda Moore*

## FITNESS CLASSES

New class of keep fit, exercise and dance has started at Sedgeford village hall, on Thursday mornings from 10am--11.30am.

A warm welcome awaits everyone, of all ages, with the first class free of charge. The normal class fee is then £3.50 per session.

A fun, friendly class that seeks to enable people to achieve fitness/ stamina/strength at their own pace. I am a fully qualified teacher with the Fitness League/Reps 3.

**All enquiries to Val on 01328 864358**

## SEDFORD FOOTBALL CLUB

The team has won all four games very easily since the last newsletter. Two big wins has left the team on top of the league having played five games, winning them all and scoring an amazing 39 goals on the process!!



We have also made progress in the League Cup and in the Norfolk Primary Cup. Home games coming up are on 31<sup>st</sup> October and the 21<sup>st</sup> and 28<sup>th</sup> of November.

Very generously Gary Rix of GJR Rix Hire has sponsored a brand new team kit that Sedgeford will be using in the next 2/3 weeks. We also plan to have a disco at the Village Hall on Saturday 19<sup>th</sup> December to raise funds for the club and details will appear around the village during November. Other fund raising plans have been provisionally agreed for 2010 and these include a race night, bingo session and 5 a side football tournament in the summer.

*Mike Wade*

## NEWS FROM THE KING WILLIAM IV

Can you solve the mystery of “The Body in the oven”? The Sedgeford Murder Mystery Trail is out now and available from our reception at only £5. From every copy sold £2 will be donated towards repair work at Sedgeford Church. A fun & healthy outdoor activity for all ages. For more trails around Norfolk check out the website

[www.treasuretrails.co.uk](http://www.treasuretrails.co.uk)

*Lili Skerritt*

## AGE CONCERN

The Autumn issue of ‘Concerning You’ the Age Concern Newsletter is now on the Notice board in the Village Hall. There are several items that may be of interest to this Newsletters readers.

*The Eds*

All contributors please note, the deadline for the **December Newsletter** is **Tuesday 17<sup>th</sup> November** at 5p.m. *The Eds*